

GRANULATED COCONUT SUGAR & GRANULATED PALM SUGAR



GRANULATED PALM SUGAR (Gula Aren Semut)

Raw material:

Made from the sap of the flower cluster or trunk of the aren (palm) tree. The sap is a naturally sweet liquid collected by tapping/cutting the stalk or trunk.

Production process:

- The sap is boiled until most of the water evaporates, forming a thick syrup. This syrup is then:
- Poured into molds to make solid blocks, or
- Left as a thick liquid for liquid palm sugar.

Characteristics:

- Color: Yellowish brown.
- Texture: Soft and slightly moist, easier to cut or grate than hard coconut sugar.
- Taste: Sweet with a strong caramel-like flavor and distinctive aroma.

Nutritional content:

- Contains more vitamins and minerals than white granulated sugar, such as potassium, zinc, iron, and B vitamins (though still mainly sugar).
- Uses:
- Commonly used as a traditional sweetener in foods and drinks like es cendol, klepon, kolak, and also in sauces or marinades to give sweetness, color, and caramel depth.



GRANULATED COCONUT SUGAR (Gula Kelapa Semut)

Production Process

- Tapping the sap: Sweet sap is collected from unopened coconut flower buds.
- Boiling: The sap is filtered, then boiled to reduce the water content.
- Sugar formation: The thickened syrup is cooled and shaped into crystals or solid blocks.

Characteristics & Nutrition

- Taste & aroma: Has a naturally fragrant, slightly savory sweetness, suitable for cooking and desserts.
- Nutrients: Contains minerals like magnesium and potassium, with slightly higher fat content than other palm sugars.
- Glycemic index: Lower GI than white sugar, so it raises blood sugar more slowly.

Why Choose Organic Coconut Sugar

- Health aspects: Linked to support for heart and bone health, immunity, and skin health due to antioxidants and lauric acid.
- Difference from non-organic: Usually lighter brown in color and made from more natural, purer ingredients.

For Information :
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Packaging weight options:

- 8 grams
- 100 grams
- 200 grams
- 500 grams
- 1 kg – 10 kg

Product types :

- Organic crystal coconut sugar
- Organic block coconut sugar
- Organic crystal palm sugar
- Organic block palm sugar